

HAVE YOU EVER? (aka SUN SHINES ON...)

OBJECTIVE	Group interaction and relationship building
EQUIPMENT	Sturdy chairs (one per participant)
TIME	20 minutes
METHOD	<ul style="list-style-type: none">• Arrange chairs, one per person, into a circle. The facilitator starts by standing in the middle of the circle.• The person in the middle calls out 'Sun shines on...' then adds something which applies to them i.e. 'people wearing trainers'. All those wearing trainers must get up and swap seats and the person in the middle tries to get one of the empty seats.• The person left standing in the middle then calls out another statement which applies to them.• Once people get the hang of it – add in the following rules. You must not return to your own chair or the chair either side of you when swapping seats.• Option: Give ownership to young people by changing 'Sun shines on...' to 'Have you ever...' It is possible to explore statements such as 'Have you ever... got in an argument/fight' '...drank too much?' etc.
POINTS FOR DISCUSSION	This can be a useful exercise to give you lots of information about your group and you can help direct the questioning to suit the needs of the group and the subject.

TOP TIP...

Gives you information about the group.

Gives ownership of questions to the group.

No knives, better lives.

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