

STATEMENT aka “THE ONLY BEHAVIOUR YOU CAN CONTROL IS YOUR OWN”

OBJECTIVE	The purpose of this activity is to try and get young people to realise it's their choice how they behave. As well as getting young people to explore the statement, create the opportunity for them to discuss it and really understand what it means.
EQUIPMENT	Agree / Disagree signs and the statement written in a large format.
TIME	10 minutes to 20 minutes.
METHOD	<p>Split the group of young people you are working with in to 3 or 4 small groups. Show them the statement and ask them to discuss it in their groups. Make sure they understand what it means, on occasions they may get confused between influence and control.</p> <p>Once they have discussed it in their groups, ask them to individually stand on the 'Agree' or the 'Disagree' side of the room. This will now give you the chance to explain it a bit more and create a short debate depending out how the group splits.</p>
POINTS FOR DISCUSSION	<p>As the facilitator your role is to help lead the discussions, try and give as many examples as possible helping the young people relate to the statement;</p> <ul style="list-style-type: none">• A young person stabbing someone• A pupil not attending school• A young person taking drugs or alcohol• Joining a gang and carrying a weapon <p>These are all good situations to help further explore the statement keeping it real.</p>

No knives, better lives.

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